



Infant Daily Schedule

06:30-08:30	Greet Children, Daily Health Checks, Quiet Play, Diaper Change
07:30-08:15	Morning Breakfast/Bottle Feeding
08:15-08:30	Personal Hygiene/Diaper Change
08:30-09:00	Outdoor Play, Gross Motor, Tummy Time, Exploration
09:00-09:30	Morning Nap, Soft Music, Indoor Tummy Time, Storytime
09:30-09:45	Personal Hygiene/Diaper Change
09:45-10:15	Morning Snack,
10:15-10:30	Manipulatives/Block Play
10:30-11:00	Art and Sensory
11:00-11:30	Lunch/Bottle Feeding
11:30-12:00	Personal Hygiene/Diaper Change, Get Ready for Naptime
12:00-02:00	Naptime, Quiet Time, Soft Music
01:45-02:00	Personal Hygiene/Diaper Change
02:00-02:30	Afternoon Snack/Bottle Feeding
02:30-03:00	Outdoor Play, Gross Motor, Tummy Time, Exploration
03:00-03:30	Manipulatives/Block Play
03:30-04:00	Personal Hygiene/Diaper Change
04:00-04:15	Music & Movement, Puppets, Storytime
04:15-05:00	Afternoon Nap, Soft Music, Quiet Play
05:00-05:30	Personal Hygiene/Diaper Change
05:30-06:30	Bottle Feeding, Diaper Change, Get Ready for Departure

- Diaper Changes every 2 hours or more frequently as needed.
- Meals follow each infant's individualized meal plan.
- Outdoor Play for two 30-minute sessions daily, weather permitting.